

I'm Supposed to Spend How Much Time on Coursework?!

Weekly Study Time Calculator

Each course should receive a difficulty level to help identify time to allocate to the course.

- MODERATE = 1 hour per credit hour
- HEAVY = 2 hours per credit hour
- INTENSIVE = 3 hours per credit hour

- 1) Fill in the table below with your course information. Identify the level of difficulty and calculate the study hours per week for each course (# of credits x level of difficulty hours).
- 2) Add up the "Study hours per week" column to calculate the total time per week that you need to spend studying.

Course	# of credits		Level of Difficulty		Study hours per week
EX: Bio 101 lecture	3 credits	x	INTENSIVE (3)	=	9 hours per week
EX: Bio 101 lab	1 credit	x	HEAVY (2)	=	2 hours per week
		x		=	
		x		=	
		x		=	
		x		=	
		x		=	
		x		=	
		x		=	
					total study hours per week